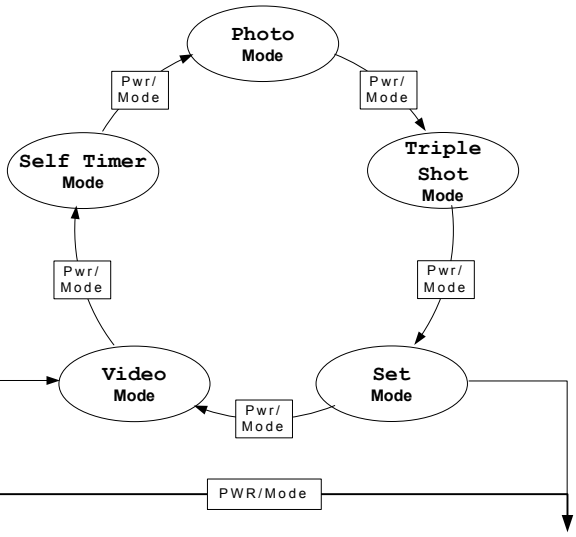
GoPro Hero Menu Guide



16. Exit

ESC

Exit the Set Menu

PWR/Mode

15. Date & Time

dAt

Year: Y09-30, Month: 01-12, Day: d01-31
Hour: H00-23, Minute: 00-59

PWR/Mode

14. Auto Power Off

OFF|60|120|300

Auto Power Off: **Manual, 60s, 120s, 300s**

PWR/Mode

13. Format SD Card

ALL | ALL (flashing)

Format SD Card

PWR/Mode

12. Delete Last File

LSt | LSt (flashing)

Delete Last File

PWR/Mode

11. Video System

nSC | PAL

Video System **NTSC** | **PAL**

PWR/Mode

10. Beeping Sound

bPO | bPF

Beeping Sound **ON** | **OFF**

PWR/Mode

9. LED Flashing

bLO | bLF

LED Flashing **ON** | **OFF**

PWR/Mode

1. One Button Mode

onF | onO

One Button Mode **OFF** | **ON**

PWR/Mode

2. Default Mode

F | P | 3 | PES

Filming, Single **P**hoto, **3** Photo, **P**hoto **E**very n **S**econds

PWR/Mode

3. Video Resolution

r1|r2|r3|r4|r5

1:848x480@60fps **2:**1280x720p@30fps **3:**1280x720p@60fps
4:1280x960p@30fps **5:**1920x1080p@30fps

PWR/Mode

4. Exposure Setting

Cnt | SPt

Center Weighted Average | Spot Meter

PWR/Mode

5. Upside Down Image

UP | UPd

Right Side **Up** | **Up**side **D**own

PWR/Mode

6. Video Live Feed

LFF | LFO

Video Live Feed **OFF** | **ON**

PWR/Mode

7. On Screen Display

oSO | oSF

On **S**creen Display **ON** | **OFF**

PWR/Mode

8. Photo every n sec

P1|P2|P5|P10|P30|P60

Shoots Photos in **1s, 2s, 5s, 10s, 60s** intervals

PWR/Mode